

BSA TROOP 993 PERMISSION SLIP
PLEASE READ AND COMPLETE THIS FORM CAREFULLY

My son [ward] _____ has my permission to attend the *The Wilderness Survival and Orienteering/Hiking Campout* at Prince William Forrest Park, Virginia, from 4 Dec. 2009 to 6 Dec. 2009.

In consideration of the benefits to be derived from participation in this trip or activity, any and all claims against the Boy Scouts of America or its local councils, districts, troops and chartered organization, or against the officers, employees, agents, or other representatives of any of them, or any other persons working under their direction or engaged in the conduct of their affairs, arising out of any accident, illness, injury, damage, or other loss or harm to/or incurred or suffered by the applicant named above or to his or her property, in connection with or incidental to the crew trip or activity, including preliminary training and travel, are hereby expressly waived by the applicant and the applicant's family or guardians.

If my son misbehaves, I understand that the activity leaders may contact me and request that I make arrangements for his immediate return home. I agree to abide by this policy in the event the leaders find it necessary to remove him from the activity. My Scout and I have read the attached list of recommended and required personal gear and have satisfied myself that my Scout has all the required gear and is properly clothed and equipped for this activity.

Parents' Initials: _____ **Scout's Initials:** _____

In the event of illness or injury occurring to my son while involved in this crew trip or activity, I consent to X-ray examination, anesthesia, and/or medical or surgical diagnostic procedures or treatment considered necessary in the best judgment of the attending physician and performed by or under the supervision of a member of the medical staff of the hospital furnishing medical services. It is understood that in the event of a serious illness or injury, reasonable efforts to reach me will be attempted. Unless I have noted otherwise in sections one through five, **BELOW**, my son does not have any medical history [conditions, diseases, allergic reactions, etc.] about which a physician would need to know. If my son becomes sick or suffers a minor injury, you may administer the following medications, (please circle):

Tylenol Ibuprofen Dramamine Benedryl Tablets (for allergies) Maalox or Imodium AD

Other, please specify: _____

1.) ACUTE MEDICAL CONDITIONS AND MEDICATIONS:

2.) CHRONIC MEDICAL CONDITIONS AND MEDICATIONS:

3.) ALLERGIES:

4.) DRUG ALLERGIES:

5.) OTHER INSTRUCTIONS / RESTRICTIONS:

EMERGENCY TEL. NO.:

INSURANCE COMPANY:

POLICY NUMBER:

SIGNATURE:

DATE:

BSA Troop 993, Mount Vernon, Virginia
Wilderness Survival and Orienteering/Hiking Campout
December 4 -6, 2009

Load out on: Thursday Dec. 3, 2009	at: 7:00 p.m. Church Hall Parking Lot
Departing on: Friday, Dec. 4, 2009	at: 6:00 p.m. Church Hall Parking Lot
Returning on: Sunday, Dec. 6, 2009	at: 2:00 p.m. Church Hall Parking Lot

The return time is, as always approximate!

Trip fee for each Scout: \$ 25.00 due by: Monday, November 30, 2009

Activity information: This activity is approved for all Scouting levels, New Scouts through Older and Venture Scouts. The Campout will be held at Prince William Forrest Park, Triangle, Virginia. The younger and mid level scouts will be using the wilderness survival skills they have been learning at the Troop Meetings. They will put there skills to the test when they build a survival shelter on Saturday afternoon and sleep in it Saturday night. The Seabase Crew Candidates will be teaching the Wilderness Survival training sessions and leading a 5 mile hiking trek or a 1 mile orienteering hike at the park on Sunday morning.

Food Costs The cost of the food for Saturday meals and Sunday breakfast and lunch is included in the fee. Please check with your son prior to load out to know if he is responsible for his Patrol's food. Your son **MUST** eat dinner before arriving at the Fellowship Hall Friday evening.

Special Training: **POSITIVE ATTITUDE required!**

Special Equipment: Tarp for a shelter, and a large trash bag. Be sure to have a tent for Friday night.

Emergency Contact Person: **Valerie Wohlleben**

Parent(s) / Guardian(s), If you have any questions, please direct them first to your scout, then to the Leader in charge of the activity, then to the Scoutmaster.

Leader In-Charge of Activity: **Mr. Eric Wohlleben, Scoutmaster**

Retain This Page At Home for Your Reference

Return Permission slip and Medical Authorization NLT Monday, November 30, 2009.

COLD WEATHER CAMPING

PACKING CHECK LIST

Items in Bold are Required

BACKPACK

- Backpack with hip belt, large enough to pack all gear**
- 4 plastic bags assorted sizes (min. size ½ gallon) to pack clothing in**
- Pack cover**
- Daypack

SLEEPING

- 20 degree F poly filled sleeping bag in waterproof stuff sack.**
- Sleeping pad, full length (closed cell foam or self inflating)**
- Sleeping bag liner, fleece

CLOTHING - WEARING APPAREL (layered system -NO COTTON)

- 2 pair Underwear**
- Base layer, bottoms – light to mid weight poly long johns.**
- Base layer, top – light to mid weight poly long sleeve shirt**
- Warm layer, bottoms – Fleece long pants.**
- Warm layer, top – Fleece pullover or wool sweater**
- Fleece or poly fill vest.**
- Waterproof shell jacket with hood.**
- Waterproof shell pants**
- 2 pr. Liner socks**
- 2 pr. Wool hiking socks**
- 1 pr thinsulite filled gloves with waterproof shell**
- 1 pr liner gloves**
- Wool or fleece hat with ear protection**
- Scarf, gaiter or balaklava**

BOOTS

- Hiking Boots, above ankle height**

PERSONAL GEAR

- Toothpaste or powder**
- Toothbrush**
- Soap**
- Small towel or bandanna**
- Comb
- Sunscreen
- Chapstick**
- All purpose paper (APP), small partial roll of Toilet Paper.**

EATING

- Plastic Bowl**
- Plastic Cup (No metal)**
- Spoon**
- Fork**
- Mesh Bag for storing eating utensils**
- Water Bottles (2-1 qt. Plastic bottles) No hydration systems with drinking tube, they freeze**

NECESSITIES

- Pocket Knife (requires toten' chip)**
- Compass, liquid filled, orienteering**
- Whistle**
- First Aid Kit**
- Flash light or head lamp (AA size recommended)w/ extra batteries and lamp**
- Waterproof matches and case (requires firemen's chit)**
- Scout Handbook**
- 50 ft. 1/8" nylon cord**
- Watch**

OPTIONAL GEAR

- Camera and film